4×25m Manikin Relay

Pool

In the programme of ILS

Each of the four swimmers tows a manikin over 25 m, starting from the water. The relay change occurs when the swimmer touches the wall.

Procedure

1. The 4 swimmers each carry the same manikin 25 m in turn
2. In-water start; in a 25 m pool, the 3 changeovers take place at the wall

Key points

✓ Before the start, swimmers take their positions and enter the water as instructed by the officials.

✓ At the start, the 1st swimmer holds the pool edge / starting block with one hand and the manikin with the other.

✓ The receiving swimmer keeps one hand on the wall until the incoming swimmer touches. They may take the manikin with their free hand before that touch, without starting early.

✓ Correct position within the prescribed zone (5 m) after the start and each changeover; the manikin's head is the reference point.

Disqualifications

CODE	MEANING	RULEBOOK
DQ2	Unsporting behaviour / unfair competition	ILS
DQ3	Late arrival at the marshalling area	ILS
DQ4	Failure to be present at the start of the event	ILS
DQ5	Wilful damage to the venue, accommodation or property of others	ILS
DQ6	Abuse of officials	ILS
DQ7	Using a sticky/adhesive substance to improve grip or support (hands, feet, manikin, rescue tube)	ILS
DQ9	Leaving the water after the event before being authorised by the official (final whistle)	ILS
DQ10	False start: commencing the starting action before the start signal	ILS
DQ14	Failing to touch the wall/edge at the finish	ILS
DQ17	Using a lane rope, pool steps, edge or other pool fixture for assistance (e.g. to surface)	ILS

CODE	MEANING	RULEBOOK
DQ18	Manikin not in the correct carrying position after the 5 m line	ILS
DQ19	Incorrect manikin carry (pushed, held by the plug, feet first, impermissible submersion, loss of contact)	ILS
DQ21	Releasing the manikin before touching the wall at the turn or finish	ILS
DQ35	Assistance from a third competitor during the changeover	ILS
DQ36	A competitor completing more than one leg of the relay	ILS
DQ37	Leaving the block / releasing contact with the wall before the previous competitor has touched	ILS
DQ38	Exchanging the manikin outside the permitted zone	ILS
DQ39	Releasing the manikin before the next competitor has taken hold of it	ILS
DQ44	A competitor re-entering the water after completing their leg	ILS

Names and detailed rules may vary between rulebooks: always refer to the official rules of the competition.