50m Manikin Carry

Pool

In the programme of ILS

After swimming 25 m freestyle, the rescuer dives to retrieve a manikin from the pool floor, brings it to the surface within a 5 m zone, then tows it to the finish.

Procedure

1. Start dive
2. 25 m freestyle
3. Retrieve the manikin
4. 25 m manikin carry

Key points

✓ Surface before diving to pick up the manikin. The manikin is full, lying on its back, with its head pointing in the return direction.

✓ In a short-course pool (ILS), touching the wall when picking up the manikin is not mandatory, but it is not prohibited.

✓ Surface with the manikin and adopt the correct position within 5 m of the pick-up.

✓ Keep hold of the manikin until the final touch.

Disqualifications

CODE	MEANING	RULEBOOK
DQ2	Unsporting behaviour / unfair competition	ILS
DQ3	Late arrival at the marshalling area	ILS
DQ4	Failure to be present at the start of the event	ILS
DQ5	Wilful damage to the venue, accommodation or property of others	ILS
DQ6	Abuse of officials	ILS
DQ7	Using a sticky/adhesive substance to improve grip or support (hands, feet, manikin, rescue tube)	ILS
DQ9	Leaving the water after the event before being authorised by the official (final whistle)	ILS
DQ10	False start: commencing the starting action before the start signal	ILS
DQ14	Failing to touch the wall/edge at the finish	ILS
DQ15	Failing to surface before diving to retrieve the manikin	ILS
DQ17	Using a lane rope, pool steps, edge or other pool fixture for assistance (e.g. to surface)	ILS
DQ18	Manikin not in the correct carrying position after the 5 m line	ILS

CODE	MEANING	RULEBOOK
DQ19	Incorrect manikin carry (pushed, held by the plug, feet first, impermissible submersion, loss of contact)	ILS
DQ21	Releasing the manikin before touching the wall at the turn or finish	ILS

Names and detailed rules may vary between rulebooks: always refer to the official rules of the competition.