100m Manikin Tow with Fins

Pool

In the programme of ILS

The rescuer wears fins and a rescue belt. After 50 m freestyle, they collect a floating manikin at the turn, clip it to the belt and tow it the remaining 50 m to the finish.

Procedure

1. Start dive
2. 50 m with fins and rescue tube
3. Touch the wall, then clip the manikin
4. 50 m manikin tow

Key points

✓ Start with the harness correctly worn over one or both shoulders or diagonally. Tube not clipped before the pick-up; line not shortened by a prepared fastening.

✓ A handler holds the manikin upright with at least one hand, anywhere in the allocated lane, its face towards the turn wall at the moment the competitor touches the wall. Handlers may not deliberately enter the water during the event.

✓ First touch the wall at 50 m, then take and clip the manikin. After this touch, the handler may hold the manikin while it is being secured.

✓ After the 10 m line: tube correctly secured and manikin's face out of the water. At the 75 m turn, the face stays out of the water and the swimmer touches the wall.

✓ Tow to the final touch, with the rescue tube and manikin still in place.

Disqualifications

CODE	MEANING	RULEBOOK
DQ1	Not completing the event in accordance with the event description or general rules	ILS
DQ2	Unsporting behaviour / unfair competition	ILS
DQ3	Late arrival at the marshalling area	ILS
DQ4	Failure to be present at the start of the event	ILS
DQ5	Wilful damage to the venue, accommodation or property of others	ILS

CODE	MEANING	RULEBOOK
DQ6	Abuse of officials	ILS
DQ7	Using a sticky/adhesive substance to improve grip or support (hands, feet, manikin, rescue tube)	ILS
DQ8	Using the pool bottom for support or propulsion, except where the event rules expressly allow it	ILS
DQ9	Leaving the water after the event before being authorised by the official (final whistle)	ILS
DQ10	False start: commencing the starting action before the start signal	ILS
DQ14	Failing to touch the wall/edge at the finish	ILS
DQ20	Manikin's face submerged outside the permitted zone (including at the turn)	ILS
DQ24	Using pool equipment for support while securing the rescue tube around the manikin/victim	ILS
DQ25	Deliberately touching the manikin before touching the wall	ILS
DQ26	Handler releasing the manikin too early (before the competitor touches the wall)	ILS
DQ27	Handler deliberately entering the water or interfering with the competitor / officials	ILS
DQ28	Fastening the rescue tube clip before touching the wall	ILS
DQ29	Rescue tube incorrectly secured around the manikin	ILS
DQ30	Rescue tube not correctly secured before the manikin passes the 10 m line	ILS
DQ31	Pushing or carrying the manikin instead of towing it	ILS
DQ32	Deliberately shortening the rescue tube line before the start	ILS
DQ33	Manikin detached from the rescue tube	ILS
DQ34	Finishing without wearing the rescue tube or without the manikin correctly secured	ILS

Names and detailed rules may vary between rulebooks: always refer to the official rules of the competition.